

# **BUFFO**

## **“THE WORLD’S STRONGEST CLOWN”**



by  
**Kat Ricker, M.A.**

Buffo is no ordinary clown. He juggles bowling balls, hatchets, and meat cleavers. He rips telephone books in half. He lies on a bed of nails, walks barefooted on broken glass and escapes from chains, ropes, handcuffs and strait jackets.

His performances vary from county fairs and festivals to corporate events and company picnics. For more than twenty years, this multi-talented entertainer has performed thousands of times to thrilled audiences across the United States and abroad, including appearances at the White House and Ringling Brothers Circus.

This gentle giant weighs in at over 200 pounds and has biceps bigger than most men’s thighs. Guys would tell him, “If you were on the juice, you’d be 260-270.” But that’s not his path. Steroids are actually what have kept him from competing in bodybuilding. After going to a show that was not natural, he got discouraged.

But a competition may happen yet. Just last year he went to his first natural show, which was an eye-opener for him. When he says, “I think I could’ve won the masters without any prep,” you’re apt to believe him. His final hold-out is reservations about his leg size. “They’d sue me for lack of support,” he chides. This clown is a serious overachiever, and you can be sure that when he thinks he’s ready, he’ll hit the bodybuilding stage with power.



“Kids will say, ‘Buffo, you’re on steroids.’ I tell them, “That’s not a nice thing to say. I’m not on steroids, and taking steroids is cheating. You’ll be proud of yourself if you work hard for something and achieve it.” He tells children to do what would make their parents proud. “I tell them three things: say no to strangers, no to drugs and what’s the best country in the world? The USA.”

In his patriotic-themed sleeveless clown vest and red, white and blue face paint, this good-natured athletic star is arguably a surprising ambassador to both the US and bodybuilding.

Buffo is based in the Pittsburgh, PA area. For more information about Buffo, and to see pictures galore, visit [www.buffo.com](http://www.buffo.com).